

Checklist for Promoting an Inclusive Learning Environment

1. Spaced Repetition and Chunking

- Design and deliver content in short, manageable chunks.
- Schedule sessions for periodic review of previously taught material.
- Align content delivery with specific learning objectives.
- Assess retention through quizzes, simulations, or reflective exercises.

Status: Planned In Progress Completed

Comments/Notes:

2. Multisensory Approaches

- Incorporate visual aids (e.g., charts, videos, slides).
- Use aural methods such as lectures or discussions.
- Provide kinesthetic opportunities like role-playing or hands-on exercises.
- Evaluate the impact of multisensory tools on learner engagement.

Status: Planned In Progress Completed

Comments/Notes:

3. Brain Breaks

- Schedule breaks after every 45–60 minutes of training.
- Provide guidance for short activities such as stretching or mindfulness exercises.
- Observe and document participants' attention levels before and after breaks.

Status: Planned In Progress Completed

Comments/Notes:

4. Collaborative Learning

- Design activities that require teamwork or group problem-solving.
- Facilitate group discussions with case studies or real-life scenarios.
- Evaluate group participation and teamwork effectiveness.
- Collect feedback on the collaborative process from learners.

Status: Planned In Progress Completed
Comments/Notes:

5. Storytelling and Real-Life Applications

- Prepare real-life case studies or narratives related to clinical practice.
- Facilitate discussions that connect stories to learning objectives.
- Measure the retention and application of knowledge using case-based assessments.

Status: Planned In Progress Completed
Comments/Notes:

6. Active Learning Strategies

- Integrate simulation-based learning activities.
- Encourage problem-solving and critical thinking exercises.
- Provide immediate feedback to learners during active sessions.
- Track learners' performance and application in practical scenarios.

Status: Planned In Progress Completed
Comments/Notes:

Final Review

- Collect feedback from participants on the effectiveness of each strategy.
- Review participant outcomes to assess the impact of the strategies.
- Identify areas for improvement or further adaptation.
- Document successful practices and challenges for future use.

Reviewed By: _____

Date of Review: _____